



INDIRA GANDHI NATIONAL OPEN UNIVERSITY

Govt. College of Nursing, Jaipur

Nodal Study Centre Code: 2316P

Programme code: CFAID Batch Jan & Jun-2025 & Jan 2026

Course Code- BNS 0140-0141

WEF- 27.07.26- 08.08.26

Hours- 48 hrs.



Counseling schedule (Online)

Date	Name of Counsellor	Contents	Google Meet Link
27.07.26 11.00AM - 1.00PM	Dr. Samta Soni	Unit 1: First Aid • define First Aid, First Aid provider and First Aid Box • explain meaning, purposes and principles of First Aid • discuss Responsibilities and Qualities of First Aid Provider • enumerate various issues and considerations to be taken care of by a First Aid Provider • describe First Aid box.	https://meet.google.com/rse-wdrv-ksv
27.07.26 3.00PM- 5.00PM	Dr. B L Sharma	Unit 2 : Understanding Human Body • Understand basic structure and function of human body system for the use first AID. • recognize structure of human body; • describe surface anatomy of human body; • discuss various human body systems and their functions;	https://meet.google.com/rse-wdrv-ksv
28.07.26 11.00AM - 1.00PM	Dr. Samta Soni	Unit 3 : Safe Practices in First Aid • explain concepts of health and illness; • explain meaning and purposes of Safe Practices; • discuss safe practices for first aid provider, victim and environment • describe infection control measures to be followed by the first aid provider.	https://meet.google.com/rse-wdrv-ksv
28.07.26 3.00PM- 5.00PM	Dr. B L Sharma	Unit 4: Communication • Describe the meaning of communication • Discuss the skills required for effective communication • Enlist the steps while communicating with patients during provision of first aid • Communicate with family members of the patients • Know the barriers of effective communication	https://meet.google.com/rse-wdrv-ksv
29.07.26 11.00AM - 1.00PM	Dr. Samta Soni	Block-.2: Name-Responding to Emergencies Unit-1 : Recognizing an Emergencies • define Emergency situations; • explain causes, indicators and recognition of Emergency situations; • list actions to be undertaken during Emergency situations and Responding to emergencies; • describe actions to be performed while giving first aid in Emergency situations	https://meet.google.com/rse-wdrv-ksv
29.07.26 3.00PM-	Dr. B L Sharma	Unit .2: Transportation of victim • explain importance of transportation	https://meet.google.com/

5.00PM		• list factors influencing the method of transporting a casualty • discuss methods of moving and lifting casualty • describe methods of transporting casualty with safety precautions.	rse-wdrv-ksv
30.07.26 11.00AM - 1.00PM	Dr. M. Vyas	Unit .3: Cardio Pulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) • describe Cardiopulmonary Resuscitation (CPR) and Defibrillation; • discuss importance of CPR and AED; • enumerate assessment done for using CPR and AED; • discuss process of CPR ; • acquire knowledge about operating an Automated External Defibrillator (AED).	https://meet.google.com/rse-wdrv-ksv
30.07.26 3.00PM- 5.00PM	Dr. Pradeep Sharma	Block 3-First Aid in Accidents and Injuries Unit 1: Wounds and Bleeding • define wound and bleeding; • list the causes of wounds and bleeding; • recognize various types of wounds and bleeding; • explain assessment of wounds and bleeding; • describe first aid to be provided in various types of wounds and bleeding; • discuss Do's and Don'ts while providing first aid for wounds and bleeding.	https://meet.google.com/rse-wdrv-ksv
31.07.26 11.00AM - 1.00PM	Dr. M. Vyas	Unit-2: Head and Spinal Injuries • define Head and Spinal Injuries; • list the causes and types of head and spinal injuries; • explain assessment of head and spinal injuries; • describe the first aid to be provided in head and spinal injuries; • enumerate Do's and Don'ts in management of head and spinal injuries; • discuss the first aid in eye, ear, nose, jaw and mouth injury	https://meet.google.com/rse-wdrv-ksv
31.07.26 3.00PM- 5.00PM	Dr. Pradeep Sharma	Unit-3 : Injuries to Tissues, Bones and Joints • define Injuries to Tissues, Bones and Joints; • list the causes and types of Injuries to Tissues, Bones and Joints; • explain assessment of Injuries to Tissues, Bones and Joints; • describe First Aid to be provided in Injuries to Tissues, Bones Joints • enumerate Do's and Don'ts in management of Injuries to Tissues, Bones and Joints.	https://meet.google.com/rse-wdrv-ksv
01.08.26 11.00AM - 1.00PM	Mrs. Anita Sharma	Block 4: Name-First Aid in Common and Environmental Emergencies Unit-1: Common Emergencies • explain first aid to be provided in various Common Emergencies. • define Common Emergencies. • enumerate causes of Common Emergencies; • recognize types of Common Emergencies; • explain assessment of victim affected by Common Emergencies. • describe first aid to be provided in various Common Emergencies. • list Do's and Don'ts in various Common Emergencies.	https://meet.google.com/rse-wdrv-ksv

01.08.26 3.00PM- 5.00PM	Mr. Amar verma	Unit-.2: Shock • define allergies and shock; • enumerate causes of allergy and shock; • recognize types of allergy and shock; • explain assessment of victim with allergy and shock; • describe first aid to be provided in allergies and shock; • list Do's and Don'ts in management of allergy and shock.	https://meet.google.com/rse-wdrv-ksv
03.08.26 11.00AM - 1.00PM	Mrs. Anita Sharma	Unit-3: Burns • define Burns; • list causes and Types of Burns; • explain assessment of Burns; • describe first aid to be provided in Burns; • enumerate Do's and Don'ts in management of Burns;	https://meet.google.com/rse-wdrv-ksv
03.08.26 3.00PM- 5.00PM	Mr. Amar verma	Unit-4: Foreign Bodies. • define foreign bodies in various parts of the body • list causes of foreign bodies in various parts of body • explain the assessment of foreign bodies in various parts of body • first aid to be provided in foreign bodies in various parts of body • enumerate Do's and Don'ts in management of foreign bodies in various parts of the body.	https://meet.google.com/rse-wdrv-ksv
04.08.26 11.00AM - 1.00PM	Mrs. Anita Sharma	BNS 141 Module 1: Name- First Aid in Environmental Emergencies Unit-.1: Extreme Heat and Cold Conditions • define extreme heat and cold conditions; • list causes of extreme heat and cold conditions; • recognize types of extreme heat and cold conditions. • explain assessment of victim affected by extreme heat and cold conditions. • describe first aid to be provided in extreme heat and cold conditions. • enumerate Do's and Don'ts in extreme heat and cold conditions.	https://meet.google.com/rse-wdrv-ksv
04.08.26 3.00PM- 5.00PM	Mr. Amar verma	Unit-2: Bites and Stings • define Bites and Stings; • list causes of Bites and Stings; • recognize types of Bites and Stings; • explain assessment of victim affected by Bites and Stings; • describe first aid to be provided in Bites and Stings; • enumerate Do's and Don'ts in Bites and Stings;	https://meet.google.com/rse-wdrv-ksv
05.08.26 11.00AM - 1.00PM	Mrs. Anita Sharma	Unit-3: Altitude Illness • define altitude illness and motion sickness. • List causes of altitude illness and motion sickness. • explain assessment of victim with altitude illness. • describe first aid to be provided in altitude illness. • enumerate Do's and Don'ts in management of altitude illness.	https://meet.google.com/rse-wdrv-ksv
05.08.26 3.00PM- 5.00PM	Mr. Amar verma	Block 2: Name- First AID in Disaster Unit-1: Introduction to Disaster management • describe the meaning of a disaster;	https://meet.google.com/rse-wdrv-ksv

		• List the types of disaster; • Classify a disaster on its level of intensity	kSV
06.08.26 11.00AM - 1.00PM	Dr. N R Yadav	Unit-2: Impact of Disaster • Identify the individual and community needs during disaster. • Describe the direct and indirect impact of disaster. • Discuss the broad guidelines of Disaster Management.	https://meet.google.com/rse-wdrv-kSV
06.08.26 3.00PM- 5.00PM	Mr. Amar verma	Unit-3: Role of First AID provider in during Disaster • Describe the phases of disaster management; • Describe disaster preparedness; and • Describe how to act in collaboration with others during a disaster.	https://meet.google.com/rse-wdrv-kSV
07.08.26 11.00AM - 1.00PM	Dr. N R Yadav	Block 3: Name- Epidemics and Pandemics Unit-1: Introduction to Epidemics and Pandemics • Discuss the direct impact of epidemics presenting with common signs and symptoms of fever, rash, diarrhea, bleeding, neurological manifestations, lymph node swellings. • Identify the vulnerable groups in an epidemic	https://meet.google.com/rse-wdrv-kSV
	Dr. samta Soni	Unit-2: Impact of Epidemics and Pandemics • Identify the individual and community needs during disaster. • Describe the direct and indirect impact of disaster. • Discuss the broad guidelines of Disaster Management.	https://meet.google.com/rse-wdrv-kSV
07.08.26 3.00PM- 5.00PM	Dr. N R Yadav	Block 3: Name- Psychosocial First AID Unit-1: Introduction to Psychosocial First AID • Enlist the types of disaster • Discuss the impact of disaster • Define the term psychosocial first aid • Explain the need of psychosocial first aid • Identify the people needing psychosocial first aid • Describe the role of psychosocial first aid provider	https://meet.google.com/rse-wdrv-kSV
08.08.26 11.00AM - 1.00PM	Dr. samta Soni	Unit-2: Psychosocial First AID Strategies • Enlist the types of disaster • Discuss the impact of disaster • Define the term psychosocial first aid • Explain the need of psychosocial first aid • Identify the people needing psychosocial first aid • Describe the role of psychosocial first aid provider	https://meet.google.com/rse-wdrv-kSV
08.08.26 3.00PM- 5.00PM	Mr. Amar verma	Unit-3: Psychosocial First AID in Special Situations • Enlist the types of disaster • Discuss the impact of disaster • Define the term psychosocial first aid • Explain the need of psychosocial first aid • Identify the people needing psychosocial first aid • Describe the role of psychosocial first aid provider	https://meet.google.com/rse-wdrv-kSV

22/8/20

